

**NOVEMBER  
1ST & 2ND**



**Join us for a  
weekend  
of fun activities  
and awesome food!**

Youth Ministry  
108 West College Avenue  
Tallahassee, FL 32301  
(850) 222-5470 ext. 421



## **WHAT TO BRING**

- Sheets for a double bed, blanket or sleeping bag
- Pillow and pillow case
- 2 towels (beach and bath)
- Outfit for bowling
- Casual clothes
- Swimsuit (one piece or tankini)
- Toiletries/personal items
- Bible and pen
- Spending money for snacks/soft drinks
- Your favorite snack to share
- Good attitude and desire to grow closer to Christ and each other!**



## LOCATION



**Located on the amazingly quiet and non-crowded west end of the Panama City beach, the serenity of this area is the ideal atmosphere for a proper spiritual retreat!**

### Features:

Motel style rooms with double bunk beds and full A/C.  
Delicious homemade meals,  
Swimming pool, sand volleyball,  
and basketball courts.

## COST

**\$50**

**+ a few extra dollars for snacks etc.**

## WHEN

**We will leave from the Steinmart parking lot on Saturday,  
Nov. 1st @8AM  
and arrive back on Sunday @2PM**

## FUN ACTIVITIES

**Tacky Tourist Bowling**- Bring your most tacky tourist clothing.

**Pier Park**-Over 900,00 sq ft of shopping and entertainment that you will love exploring!

**Beach Games**- Crazy beach games like Human Battleship and Ultimate Food.



## MENU

**Bring your stretchy pants.  
The food will be awesome!**

### Saturday

**Lunch** – Grilled chicken sandwiches, mac and cheese, fruit, dessert.

**Dinner** – Homemade lasagna, corn, salad, rolls, hot fudge sundaes and brownies.

### Sunday

**Breakfast** – Scrambled eggs, bacon, biscuits & gravy, cereal and fruit.

**Lunch** – Grilled hamburgers, fruit, potato wedges and peanut butter cookies.

## FORMS

**EVERY YOUTH NEEDS ALL 4 FORMS FILLED OUT, NOTARIZED AND TURNED IN BEFORE THEY CAN ATTEND.**



1. Beach Retreat Personal Information Form
2. 2014 Medical Release Form
3. Idemnity Form
4. Authorization to Photograph, Record and Produce Form

**Use your smartphone to scan this and view the required forms**

**DUE BY OCTOBER 29!!**



Forms are on online at:  
[www.fbctlh.org/youth](http://www.fbctlh.org/youth)

**ONLY** form numbers **2 & 4** need to be notarized. E-mail Stephanie if you have any questions at ([sharris@fbctlh.org](mailto:sharris@fbctlh.org))